



Child Abuse Information

Grades K-3

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What is child abuse?

Child abuse is when someone, an adult or another child, does something
ON PURPOSE to hurt a child.

There are four types of abuse.

What are some things someone could do on purpose to hurt a child?

Is it child abuse if:

I run into someone in the hallway?

I punch them on the playground?

If I call you a name?

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If we bump heads when we are both trying to pick up a pencil?

Abuse to our bodies

This is when someone does something on purpose to hurt our bodies.

What are some things someone could do on purpose to hurt our bodies?

Is it abuse if:

I get mad and push someone down?

I punch them on the playground?

If I spank my son for disobeying me?

3 I touch one of your private body parts on purpose?

Abuse with words

This is when someone says something on purpose to hurt our feelings over and over again.

What are some things someone could say on purpose to hurt a child?

Is it abuse with words if:

If I call you stupid?

If I tell you I don't like your outfit?

If I tell you that you can't do anything right every day?

4 If I am always telling you that you are a failure?

Neglect

Neglect is when someone doesn't get what they need to be healthy and safe (food, water, clothing or medical care).

If you had a pet, what are some things that the pet would need?
Kids need those same things.



We are going to learn some rules to keep us safe today.

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Rule #1

It's MY body!

What do you think this means? No one can touch it unless I give them permission or they have to help me (like a doctor).

Questions:

If an aunt I haven't seen in a long time wants to give me a hug, do I have to?

If a youth leader wants to wrestle with me and I feel uncomfortable, can I say no?

If I have some weird spots on my private parts and I need my dad to see if I am sick, is that okay?

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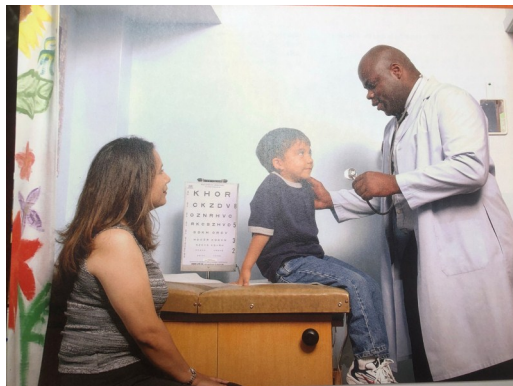
Scenario: This is Jamal. His neighbor is asking Jamal to play a tickling game with him.

Questions: Does it look like Jamal wants to play? How can you tell?

Is it okay for Jamal's neighbor to ask him to play a tickling game?

How could he say no if he felt uncomfortable with this unwanted touch?

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Scenario: A doctor needs to check your body parts to keep you healthy.

He might touch your private body parts, too.

Questions: Is this okay? Why?

Could it still make you feel uncomfortable?

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Rule #2

Ask an adult if I am safe.

What do you think this means? If I am unsure of a situation or if someone asks me to do something, I need to ask a safe adult if it is okay first.

Questions:

What if the neighbor invites me over? What if the nice, old man in the park wants to give me candy? What if they say that they know my mom? What if they say that my dad already said it was okay to go home with them?

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Scenario: Marjorie and Angela are playing at the park together. Marjorie's mom is watching them. Angela just noticed a dog tied to a tree nearby. She wants to go pet the dog. She's saying to Marjorie, "Hey, let's go pet that dog! He looks so furry!"

Questions: Is this okay to pet the dog? Why not? What should the girls do?

What if the owner comes up and tells their girls it is okay to pet the dog but they need

11 to go over to another part of the park where it is quieter?



Scenario: Alex is at the library with his dad. This man is asking Alex to come look at the new book about dinosaurs that he saw on a shelf in another part of the library. Alex loves dinosaurs!

Questions: What should Alex do? Why would this keep him safe?

What if the man is wearing a tag saying he is a library worker or volunteer?

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Rule #3

I have choices.

What do you think this means? If I am uncomfortable in a situation, I can get out of there and I can say no.

Questions:

Do we have a choice on whether we go to school?

Can we choose what we play at recess? Who we play with?

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Can we say we don't want to go to a friends house?



Scenario: Lin was getting supplies from the art supply closet at the after school care center she goes to. A youth worker she knows came in to help her. He often helps her with her homework and other projects and she thinks he is really nice. But after he shuts the closet door behind them, he starts to rub her back and touch her bottom.

Questions: How do you think Lin is feeling? Is this a safe situation?

14 What things can she do? What if she reports and someone doesn't believe her?

Rule #4

Tell someone.

What do you think this means? If I am uncomfortable with something that has happened to me, I need to tell someone.

Questions: Why should I tell?

What if they don't believe me?

What if the person who touched me or hurt me tells me not to tell?

What if they say they will hurt my family if I tell?

15 What if I am not SURE it was a bad touch?



Questions:

What if it is embarrassing to talk about?

What if I think my parents will be mad?

What if it is another kid? Doesn't that make it okay?

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Rule #5

It's never my fault.

What do you think this means? If someone hurts me, no matter what they say, I didn't do anything wrong; what they did was wrong.

Questions:

If someone hits me, is it my fault? Even if I wasn't nice to them?

If someone calls me stupid, is that my fault? Even if I can't figure out the answer?

If someone grabs me by the arm and leaves a bruise, is that my fault? Even if I was-

17 n't doing what I was supposed to be doing?



Scenario: Yesterday, Deisha's mom's friend was visiting. While Deisha's mom was at the store picking up dinner the friend offered to read Deisha a story, but while Deisha was sitting on his lap, he started touching her private body parts through her shirt.

Questions: Is this okay? Since it was over her shirt?

What are Deisha's choices? Should she tell her mom? She might be mad?

18 What if she doesn't believe her? Will her mom think it is Deisha's fault?

Rule Review

- 1. It's MY body.**
 - 2. Ask an adult if I am safe.**
 - 3. I have choices.**
 - 4. Tell someone.**
 - 5. It's never my fault.**
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What do you think is happening here?

Is it safe?

What rules should we use? (Ask an adult. Tell someone.)

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What do you think is happening here?

Is it safe?

What rules should we use? (It's MY body. I have choices.)

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What do you think is happening here?

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What do you think is happening here?

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What do you think is happening here?

Is it safe?

What rules should we use? (Ask an adult. Tell someone. I have choices.)

What if you know the person but Mom didn't tell you someone was picking you up? (safe word for emergencies)