

# May 2018 Parent Email

## SCHOOL

--**School Counselor Survey:** Parents please fill out the survey on the link listed here or posted on the school FB page: <https://docs.google.com/forms/d/e/1FAIpQLSfM-qVzBwHumUu61UnDnZl4xBldzzPBYNIH7ZsnSJDmaXKFNQ/viewform> It allows Mrs. Jones to adjust her program each year to make it better and make it fit the needs of students and parents better! Your comments are important!

--**School Counselor Website:** Check out Mrs. Jones' new website for GREAT info and resources! This email will start getting shorter with the "repeat" info and that will all be available on the website—to save on paper for those who print this out each time! It is great for local stuff (under RESOURCES tab) AND will continue to be added to with information and resources for topics to support parents with student issues (ADHD, divorce, anxiety, etc.—under TOPICS tab). Please let Mrs. Jones know if there is a topic you would like to see with resources/contacts and she will get them added! There will also be support materials for what we are studying in Classroom Guidance (under the LEARN tab), so please check that out! We will be finishing our grade-specific units (weather permitting!) the week of Jan. 22 and starting our next unit on feelings and problem-solving skills the week of Jan. 29☺. Visit the website through the school website/School Counselor/Click on website OR [www.EWESschoolcounselor.weebly.com](http://www.EWESschoolcounselor.weebly.com)

--**Contacting the School Counselor:** If you try to contact Kate Jones (School Counselor—this is me, btw☺), please know that I will ALWAYS respond. If you leave a phone message, I will call you back—unless you specify in your message you are just giving me information. If you email me, I will always let you know I got your email, even if it is just with a "Thank you." or a smiley face. If you contact me and don't hear back from me, something happened and please try again!

--**ISTEP is DONE!** ISTEP testing is over for Spring 2018! Parents will get information this summer with their Parent Portal information on it; this allows parents to see their student's score, as well as request a re-score if their child was close to passing—the school cannot request a re-score!

--**FFA Plant Sale:** The EHS FFA group will be selling plants until May 10. Classes will head up to the HS on May 11 to be able to see animals and purchase plants, if they would like to do so. If you are interested in going to the school to buy some plants for your spring decorating, they are open daily from 8:30-4:00 daily and May 5 from 8:30-11:30 am. Price list is attached. [ATTACH]

--**Lunch with a Superhero:** Friday, May 4 to honor our Superhero Lunch Ladies we will be having Superhero Day! If you buy a school lunch and eat with us on that day, you will receive one of a variety of superhero foam balls! So dress like your favorite superhero, eat lunch with us (try the Hero Hot Dog or the Super Pepperoni Pizza), meet Batman who will be visiting from Gotham City, and get a foam ball!

--**Spaghetti Supper for a cause:** Help Mrs. Coahran and her husband on May 19<sup>th</sup> at 6 pm with a spaghetti supper and silent auction and proceeds go to help the family with medical expenses.

--**Kindergarten Graduation Videos:** Order forms have been sent home for Graduation and Mother Goose Play DVDs. If you haven't ordered and/or need another form, please contact the EWES office ASAP.

--**PTO Meeting:** Next meeting is May 10 at 3:00 pm in the ES cafeteria. Come join and be a part of all the exciting things going on!

### --**Important Dates:**

**Apr. 23-May 10:** FFA Plant Sale

**May 1:** Rhythm and Rhyme Concert at 6:30 pm

**May 2:** Custodian/Maintenance/IT Appreciation Day at EWES

**May 4:** Superhero Day

**May 4:** Cafeteria Appreciation Day at EWES

**May 7, 8, 10:** K-2 Girls BBall Fun Clinic, \$10 and form due by May 4

**May 7:** Nurse/Speech Appreciation Day at EWES

**May 8:** Teacher Appreciation Day at EWES

**May 9:** Teacher Aid Appreciation Day at EWES

**May 10:** Administrator Appreciation Day at EWES

**May 10:** PTO meeting at 3:00 pm

**May 11:** School Counselor Appreciation Day at EWES

**May 11:** Ag Day

**May 12:** 1<sup>st</sup> Annual Color Walk for Children and Families from 10 am-2 pm; forms sent home last week but due May 2

**May 14:** Miles for Musketeers 2<sup>nd</sup> Annual Fun Run will take place during school; funds raised go to Playground Fund

**May 19:** Spaghetti Supper and Silent Auction at 6 pm for Mrs. Coahran and her husband

**May 25:** Last student day

**May 26:** March Against Addiction at 8 am starting and ending at the YMCA

## **SCHOOL Business Info**

--**Celebrating birthdays:** All treats brought in to celebrate MUST be store-bought and have a list of ingredients on the container. Because we have so many students with food allergies, we have to be cautious and we appreciate your understanding and helping us keep your kids safe!

--**Fax machine:** EWES has a fax machine again! Doctors can start faxing notes again to 812-967-5707.

--**Eating Lunch at EWES:** We would love for you to come and eat lunch with your child! (You must still have a completed background check.) Because of privacy issues, we have set up several tables for you to have a special one-on-one lunch with him/her to have time to catch up on what is going on in his/her life (or just talk about silly stuff)!

--**EWES Parent Volunteers:** Don't forget that all volunteers have to have a background check on file and need to have training through Shari Dalton. If you are interested in getting involved in EWES in this way, contact her at 812-967-2929 ext. 5706.

--**Keep our kids healthy:** EWES is a No Smoking Campus. Please do not smoke while on the school property, even when you are outside/in a parking lot. Also please turn off your car engine when you come to the school and park. We are a No Idle Zone/Smoke-Free campus AND all that extra smoke and emissions in the air aren't good for our kids/adults, especially those with allergies and asthma!

--**Updated information:** Please make sure you keep your phone numbers and contact information current with EWES in case we need to get in touch with you! If you have an email, make sure it is also in the system, so you can get these emails via your own email! We are a team and need to make sure we can call if there is an issue, to get more information to help your child or just to tell you how great your child is doing!

--**Facebook/Twitter page:** Make sure you look up East Washington Elementary School on Facebook and "Like" the page. You can see many different announcements and photos of all the great things we are doing here at school! Also, I am STARTING to get used to Twitter. I am by NO MEANS great, or even good, but I will also try to post things there. I THINK you can find me at KateJones@ewescounselor. Now, I won't guarantee anything, so I will update this next month in my email!!! Hang in there with me! You should also be able to find stuff at #EWGameon.

--**Anonymous Bullying Tip Line** At East Washington we take bullying very seriously. It is our goal to eliminate bullying so each student can have a safe and enjoyable school experience. To make reporting of bullying easier and more accessible we have created an anonymous bullying tip line. We encourage all students to report incidents so they can be addressed in a timely manner.

To report bullying anonymously, call **967-3931 and press 7**. Please leave a detailed message concerning the type of bullying that is taking place. An East Washington administrator will address the report as soon as possible. If you have any questions, please contact the school office.

## **WAYS TO MAKE A DIFFERENCE!**

--**Fundraiser that takes no effort!:** Help us earn money for our school without doing anything!! Download the Shoparoo app to your phone, select our school from the list and start taking pictures of your receipts when you shop somewhere! It literally takes just a few minutes and schools with just 40 supporters are earning an average of \$1,000 a year--that is free, easy money for our kids and you don't have to sell anything or deliver anything or DO anything but what you are already doing to live life anyway!!! Please share this with friends and family, because they can help, too, they just pick our school!!

--**Box Tops Needed:** We are having a monthly Box Top Contest between classrooms to win a party! Box Tops MUST: Not be expired and be neatly clipped and ready to count!

--**Pennies for the Playground Donation Boxes:** If you know of (or own) a local business that would be willing to place a donation box on their counter for customers to donate, please contact Leigh Ingram at [PTO@ewsc.k12.in.us](mailto:PTO@ewsc.k12.in.us). Proceeds go to the playground fund.

--**Plastic Lid Collection:** Students are collecting almost ANY kind of cleaned plastic lid (20 oz. bottle, Cool Whip, peanut butter, milk jug, etc.). Please keep collecting lids at home BUT we are pausing the physical collection at school until we return in the fall; as soon as we get back, though, we will be back at it to get our total up! So far, we have collected 275 pounds of plastic! Once we get enough pounds of plastic, we can take it to a company that will melt it down and turn it in to a bench or table or chairs or many other things that we can put outside our school! Tell all your friends! Post it on Facebook to get them collecting too! The more lids we get, the more things we can make! Visit the company's website if you have any questions at: <http://www.greentreeplastics.com/abc-program/>

--**Donations and Volunteers needed:** CARE Pregnancy Center is in need of Diapers (size 5 and 6), car seats, baby shampoo, and baby wash. Volunteers need to be: involved in a home church, 18 yrs. old+, graduated/past HS. Questions? Call Donna at 812-883-2675. Updated information is attached. [ATTACH]

--**Do you want to help children?** CASA (Court Appointed Special Advocates) volunteers are needed. Last year, 59 Washington County children found themselves in the court system through no fault of their own. With 30 hours of training, you can be equipped to be the voice for a child who has no one to speak on their behalf. If you are interested in becoming a CASA, call 883-2888 or email [casa@stelizabethcatholiccharities.org](mailto:casa@stelizabethcatholiccharities.org)

## **COMMUNITY HAPPENINGS**

--**CARE Pregnancy Center Walk for Life:** Support a good cause and get exercise, too. Saturday, May 5<sup>th</sup> with the walk starting at 11 am (registration at 10 am). Register online at [www.carepregnancysalem.org](http://www.carepregnancysalem.org) or call 812-883-2675.

--**Vietnam Memorial:** The traveling Vietnam Veterans Memorial Wall will be coming to Washington County May 17-20<sup>th</sup> thanks to the Washington County Community Foundation. See the attached information about the Wall. [ATTACH]

--**March Against Addiction:** Stand up to addiction in Washington County and build awareness around addiction issues in our community while getting healthy on May 26 at 8 am. The walk will start and stop at the YMCA in Salem. Donations will be accepted on the day of the walk made payable to the Washington County Substance Abuse Council to support stopping substance abuse in Washington County. [ATTACH]

--**Engineering Technology Camp for HS students:** Purdue Polytechnic Richmond is hosting a day camp on either May 29 or May 31 from 10 am-5 pm on their campus for students interested in technology. [ATTACH]

--**MS/HS students interested in a health career?:** Participate in the Health Career Discovery Program on June 25-29 from 9 am-noon each day at the Schneck Medical Center in Seymour. [ATTACH]

--**Silver Fox Cafe Library:** Visit the EWSC Little Free Library in Pekin. Take a book and return a book. What a great way to bring reading to your family!

--**Salem Library:** Just a reminder that the library always has programs and activities going on. ALL events are FREE. You only need a library card if you are checking out materials.

--**YMCA:** There are a whole lot of things going on there! Even if you think you can't afford a membership, call and ask. They have financial help available!

## **COMMUNITY RESOURCES**

--**Drugs are a big problem in our community:** How can you protect yourself and your family from addiction? Check out this resource on what opioid medication is and prescription safety. [\[ATTACH\]](#)

--**Does your child need math help?** Visit [www.khanacademy.com](http://www.khanacademy.com) or call 1-877-ASK-ROSE (Sun-Thurs. from 7-10 pm Sept-May) or chat or email a tutor at [AskRose.org](mailto:AskRose.org). AskRose will be breaking for summer soon, just FYI, because college will be getting out for the semester, so make sure you have a back-up plan or know when it will go on hiatus.

--**Online resources:** Get an application for food stamps, tanf, healthcare at <http://www.in.gov/fssa/dfr/2999.htm>

--**Needing some local resources?:** Washington County Division Family Resources, 1101 Jim Day Rd Suite 109, Salem can help with many issues and First Steps 883-9401 can help if you have a child under 3 years with many different things.

--**Parent Resources:** CARE Pregnancy Center offers many services. With new hours (Mon. 9-3, Tues. 10-4:30, and Wed./Thurs. by appt), you can get free pregnancy tests, maternity/infant supplies, parent education, peer counseling, community referrals, adoption information, and other services. For more information, contact them at 812-883-2675 or email at [carepreghelpcenter@gmail.com](mailto:carepreghelpcenter@gmail.com).

--**Child Care Resources:** Need safe child care? Visit <http://ewesschoolcounselor.weebly.com/> and click on RESOURCES/go to PARENT RESOURCES/"Need safe child care?" and click on the PDF.

--**Do you have a new baby or are close to delivery?** Contact New Hope Services for Safe Sleeping information and access to a free pack-n-play portable crib for you and any of your caregivers! This is a GREAT program for EVERYONE offered to help keep Washington County babies safe!! Want more information? Check out the website at [www.newhopeservices.org](http://www.newhopeservices.org) or call 1-800-237-6604.

--**Does your child need a haircut but that can't fit into the budget right now?** Contact Mrs. Jones at 812-967-3931 or [kjones@ewsc.k12.in.us](mailto:kjones@ewsc.k12.in.us). Wayne's Barber Shop in Salem wants to help EWES students meet this need with a free cut. Mrs. Jones has certificates to bring in to your appointment.

--**Free eye exams/glasses:** Do you need an eye exam/glasses for your child but cannot afford it? The local Lions Club is willing to help! Contact Kate Jones at 967-3931 ext. 5766 and she can get you in contact with a club member to get that help arranged.

--**Need clothes for your children?:** Clothed in Christ may be able to help. Southern Hills Church runs the ministry. They are open the first and third Thursday of the month. Contact them for more information at 812-883-1637.

--**Can't afford your medication right now? Too often we hear about students and/or parents who aren't able to keep up with medications they may need. If you find yourself in that position, there may be some options:**

- Find out more information about the Community Assistance Program (CAP) discount prescription card that was established in response to the many requests for assistance for the uninsured and underinsured with their prescription needs. The CAP card saves the cardholder an average 15% on brand name medications, and 55% on generic medications. The discount prescription cards are accepted at over 80% of pharmacies in the US and its territories, including Puerto Rico. Anyone can use the CAP card, regardless of age or income. Our discount prescription card can allow someone to fill a prescription when they may normally go without. Visit their website at <http://www.caprxprogram.org/Index.aspx>.
- Check with your doctor. He/She may have samples and/or a coupon for your medicine or he/she may be able to prescribe a similar, but cheaper medicine, depending on your needs.
- Contact your insurance company. Sometimes they will work with you or offer suggestions.
- Contact the drug company. Many have programs to offer free or discounted medication to families who qualify.
- Check [www.goodrx.com](http://www.goodrx.com) to see how much the medicine would cost at different pharmacies; be prepared to enter the drug's name, strength, quantity, and insurance information.
- Check out another great websites that can offer savings: <http://www.familywise.org/>.

--**Need some help or maybe just some support? Call either of these agencies!:**

- CAPS: This is a Child Advocacy and Parental Support program. It is amazing what CAPS can do to help you as a parent! They can help you find needed resources and services and/or address other concerns such as parenting, communication, education, daily living, etc. in a non-judgmental way. To find out more about the program, call 812-288-4304.

- **Healthy Families:** This is a family support program for all expectant parents and parents of newborns. It is a great support for parents, whether it is their first or fifth child. They can help with information about pregnancy, labor and delivery, newborn care, discipline, parenting skills, developmentally appropriate activities for children, etc. For more information, call 812-883-9701.

**--Need extra food?**

- **Pekin United Methodist Church:** Dare to Care Mobile Pantry--1<sup>st</sup> Friday of every month at 10:00 AM. Just bring your own boxes and/or bags.
- **Salem Fairgrounds:** Dare to Care Mobile Pantry--3<sup>rd</sup> Saturday of the month, 10:00 AM. Just bring boxes and/or bags.
- **Campbellsburg Baptist Church:** 2<sup>nd</sup> and 4<sup>th</sup> Wednesday from 4:00-5:30 PM. Bring photo ID and a recent bill to show proof of address.
- **Emergency Food Assistance:** Contact Dare To Care's Louisville office at 502-966-3821.

**--Do you want to quit smoking?** Call the Indiana Tobacco Quitline 7 days a week between 8 am and 3 am and talk to a Quit Coach 1-800-QUIT-NOW (1-800-784-8669).



--**Dealing with addiction?**: There are many resources available to help. See the attached brochure for groups, treatment options, classes, etc. ~~ATTACH~~ visit Mrs. Jones' website at: [www.ewesschoolcounselor.weebly.com](http://www.ewesschoolcounselor.weebly.com)

**Local meetings:**

- AA Open Speaker meets Fridays First Christian Church in Salem at 8:00 pm. Left side door of the front of the church, down the stairs to meeting room.
- AA Open Discussion meets Mondays St Vincent Hospital Salem. Enter front doors of hospital its the first hall entry on the left immediately after entering. Meeting in first door on left.
- Alanon meets Fridays First Christian Church Salem at 8:00 pm. Enter left side of church downs stairs follow signs through to meeting.

--**Autism Society of Indiana:** This organization helps support families dealing with autism. For more information, contact Christine Belvly at 1-800-609-8449 ext. 808 or email her at [Christine@inautism.org](mailto:Christine@inautism.org).

- **Other Autism Resources:**

- **REACH-IN Autism Parent Support Group:** Meets Thursday evenings from 7-8:30 pm at Norside Christian church in New Albany. Contact Tracy Brown at 812-736-9276 or [www.myreachin.com](http://www.myreachin.com).
- **Hopebridge:** 812-258-9802. New Albany. Takes Indiana Medicaid.
- **Adapt for Life:** 812-590-2157. Jeffersonville. Takes Indiana Medicaid.
- **i-ABA:** 502-417-9830. New Albany. Only takes a waiver.

--**New Beginnings opportunity:** This is a program that provides support to parents of children involved in a troubling event (divorce or separation), providing tools to the parents to minimize the trauma that children may experience during this time and address multiple issues that may arise in their child's developmental process. The cost is \$15 (for the workbook) and the commitment is for 10 weeks for two hours a week. Call Our Place with questions at 812-945-3400 or email them at [ourplace@ourplaceinc.org](mailto:ourplace@ourplaceinc.org).

--**Mental Health Services:** LifeSpring recently opened an office in Austin. The hours are Mon-Fri 8 am-5 pm. You can call 812-752-2837 or go to their website at [www.lifespringhealthsystems.org](http://www.lifespringhealthsystems.org) for more information.

--**Primary Health Services:** LifeSpring is offering primary health services. Call 812-280-6606 or go to their website at [www.lifespringhealthsystems.org](http://www.lifespringhealthsystems.org) for more information.

## **COLLEGE/CAREER INFO—It is never too early!**

--**FAFSA:** This is the financial aid form that is VITAL to fill out the Jan.-Apr. of the year prior to wanting to start college in the fall semester (typically senior year) and then every year the student is attending college. The **April 15th deadline** is a VERY important deadline!! Don't wait until the last minute! Every dollar you can get to help pay for college is important and this is how you get them! If you miss this deadline, you will not get the money!

**NOTE:**

- Students already in college MUST fill this out every year, as well!!
- AND 21st Century Scholars MUST fill this out (starting HS graduation year) every year, even if they defer that first year!
- IT DOES NOT COST MONEY, so if you get to the end of the website and it asks for money, it is a scam (it is a company charging money to file the FREE paperwork for you!) so delete your info and go to the correct site!
- You can always update information if you enter it and then it changes or you realize it is incorrect prior to the state giving out the financial aid money.
- This is the website: <https://fafsa.ed.gov/>
- MAKE SURE you write down the email and login/password you use.
- You will also want to check your email periodically over the next few months to make sure they don't send you an email about something you need to complete or fix!

--**Don't miss a step in getting to college:** Receive text messages for any of your children in grades 7-12 periodically telling you what they need to be doing to get to college. Text the word "grad" plus their high school graduation year to 69979.

Seniors	grad2018
Juniors	grad2019
Sophomores	grad2020
Freshman	grad2021
Eighth grade	grad2022
Seventh grade	grad2023

--**College Information/Help: It really isn't too early to start thinking about it!!!!**

- **Learn More Indiana Activity Bank**  
Did you know that Learn More Indiana has an Activity Bank with activities for EVERY GRADE LEVEL on how to Plan, Prepare and Pay? You can find it at: <http://www.in.gov/learnmoreindiana/2413.htm>!
- **Learn More Indiana is on Facebook** - Have you seen our Facebook page? Like us to stay updated on our campaigns! [facebook.com/LearnMoreIN](https://www.facebook.com/LearnMoreIN) Amber Audrain, the new College Success Campaign Manager, is the contact for questions regarding Learn More initiatives, including College GO! Week, Cash for College, KnowHow2Go, and 15-to-Finish. Email: [aaudrain@che.in.gov](mailto:aaudrain@che.in.gov)

--**Have older children?** Go to <http://ewesschoolcounselor.weebly.com/> and click on COLLEGE/CAREERS/go down to PARENT NEWS/find the following resources

- **Wondering whether or not they need to take the SAT or ACT to go to college?** Check out these comparison resources.
- **Wondering how to pay for college?:** Use the Indiana College Cost Estimator to estimate your family contribution to your child's college. The site uses the FAFSA formula for younger students to give you an idea of what you will have to pay once they are old enough for college! You will need financial information, but the site is very secure. You can compare up to three college costs at one time, including information like GPA, class rank, test scores, etc. that may qualify your child for additional aid. Many students (grades 11-12) registered for an account (submitting no financial info) during Guidance Presentations previously and will have logins and passwords created already. Access it through [www.learnmoreindiana.org](http://www.learnmoreindiana.org) or <http://www.indianacollegecosts.org/>. See the attached info for the changes that have been made to the FAFSA process.
- **Check out the college information process!** See the attachments on How to Apply for College (what to do when), Top College Search Questions, and 6 Things You Should Know About Scholarships.
- **Want to start saving for college?** Start a 529 College Savings Plan. Details on what it is and how it can be beneficial are attached.
- **Up Next Text Messaging Tool:** A special service for juniors and seniors, college students and graduates, all you need to do is text COLLEGE to 44044 to get personalized texts with reminders and info about the college application process, financial aid, and federal loan repayment options. Great resource!
- **21<sup>st</sup> Century Scholars**
  - Reminder that families only have 7<sup>th</sup> and 8<sup>th</sup> grade to register their children for 21<sup>st</sup> Century Scholars (a financially-based scholarship program. After June 30 of their 8<sup>th</sup> grade year, students are no longer eligible. Contact Mr. Aly or Mrs. Pitcock at the MS with questions or visit the website at: <http://www.in.gov/21stcenturyscholars/>
  - **21<sup>st</sup> Century Scholars Scholar Success Guide** - This resource provides support to Scholars as they work to complete the Scholar Success Program requirements beginning with the class of 2016. The Scholar Success Guide also instructs Scholars in their use of the new ScholarTrack. Students who do not complete the three requirements each year, could very likely lose the scholarship, so it is important to make sure you are meeting all the guidelines to keep your child eligible. Contact Mr. Aly at the HS with questions.
  - **See attachments for requirements for 21<sup>st</sup> Century eligibility and activities for current scholars.**

This is also a great time to have Scholars update their contact information - phone numbers, mailing addresses and email addresses. Scholars can go to [www.in.scholars.gov](http://www.in.scholars.gov) to complete any updates.

- **New College Completion Requirements for state financial aid awards:** Students first entering college in the 2013-2014 academic year will be required to meet certain completion requirements to renew state financial aid awards in 2014-2015. Students receiving the Higher Education Award, the Freedom of Choice Award, or the 21st Century Scholars Award must complete at least 30 credit hours during their first year of college to remain eligible for the maximum financial aid award. A student who completes at least 24 credit hours during his first year will remain eligible for financial aid, but will receive an amount that is less than a student who completes 30 credit hours. More information about these requirements is available at [www.in.gov/ssaci](http://www.in.gov/ssaci).
- **UPS offers scholarships for employees:** See Parent News under College/Careers on the School Counselor website for specific details at <http://ewesschoolcounselor.weebly.com/collegecareers.htm> but UPS offers tuition costs for employees who are also attending college! ANY adult is eligible for this—maybe it is your child or maybe it is you!

# Eastern FFA Plant Sale

Opening Day: April 23rd  
 Hours: Monday- Friday 8:30am – 4:00pm 6 Packs: \$1.75  
 Saturday April 28 8:30am-3:00pm 4 Packs: \$1.75  
 Saturday May 5 8:30am-11:30pm 4" Pots: \$1.75  
 Closing Day: May 10th 10" Hanging Baskets: \$13.00  
Flats (combination of 8 items): \$13.00

6 Packs \$1.75	Plant Variety
Broccoli	Artwork
Cabbage	Tropic Giant
Cauliflower	Amazing
Celosia	Kimono Mix, Chinatown
Coleus	Fairway Mosaic, Red Ruby
Dianthus	Strawberry, White Fire
Herb	Chives(P), Oregano(P), Basil, Thyme(P), Sage(P), Lavender(P)
Impatiens	Accent Red, White, Violet, Rose
Marigold	Bonanza Flame, Discovery Yellow, Pineapple Crush, Bonanza Yellow
Pepper	Jalapeno, Early Sensation, Colossal
Petunia	Burgundy Dreams, Purple Pirouette, Blue Daddy, Double Cascade Mix
Ross Moss	Sundial Scarlet, Yellow, Peppermint
Salvia	Hotline Red
Snapdragon	Montego Yellow, Red
Tomato	Better Boy, Big Boy, Parks Whopper, Lemon Boy, Roma, Rutgers
Vinca	Pacifica Pink, Dark Red, White; Icy Pink
4 Packs \$1.75	Plant Variety
Balloon Flower	Sentimental (P)
Begonia	Cocktail Mix, Pizzazz Mix
Dahlia	Figaro Mix
Pansy	Bolero Mix
4" Pots \$1.75	Plant Variety
Blanket Flower	Arizona Sun (P)
Gazania	New Day Yellow
Geranium	Pinto Red, Pink, White; Maverick Star Pink
Gerbera	Festival Red, Orange, Yellow
Ivy	Gold Child (P), Needle Point (P)
Lavendar	Munstead
Osteospermum	
Petunia	Wave Pink, Purple; Shockwave Pink, coconut; Tidal Wave Silver
Torenia	Clown Formula
Zinnia	Short Stuff, Dreamland Pink
10" Hanging Baskets \$13.00	Plant Variety
Beehives	
Ferns	Macho
Fushsia	Dark Eyes
Geranium	Lilac, Red, Pink
Purple Bells	
Wondering Jews	





# Have Lunch with a Superhero!!

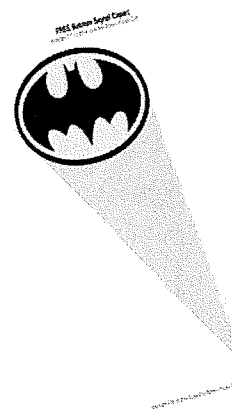


## Friday, May 4, 2018

Who is your favorite superhero??? Batman, Wonder Woman, Superman??? We have superheroes in our school every day of the week. They are our “Superhero Lunch Ladies.” They come to work early every day and work hard to serve hot, nutritious, and delicious meals. We are going to celebrate them and the hard work they do each day by having a “Superhero Day!” You are encouraged to dress up like your favorite superhero. If you buy a school lunch and eat with us next Friday, May 4, 2018, you will receive one of the foam balls below with your school tray!!

### Our Super-Hero Menu

- \*Hero Hot Dog
- \*Super Pepperoni Pizza
- \*WOW! Baked Beans
- \*Super Baked Fries
- \*POWERFUL Fruits & Vegetables!!



Batman is planning on coming from Gotham City to celebrate with us!!!! Come celebrate our hard working Superhero Lunch Ladies, eat a delicious school lunch, and get a superhero foam ball!!!!



**CELEBRATING CANCER  
SURVIVORS**

*- Coahran Benefit -*

**SPAGHETTI SUPPER & SILENT AUCTION  
SATURDAY, MAY 19TH @ 6:00**

Our beloved Mrs. Coahran has been in Minnesota at the Mayo Clinic with her husband, Brian, since December. Brian is in the midst of a stem cell transplant and is fighting a tough battle with cancer. After being away from home for so long, you can imagine the expense that is piling up, not to mention medical bills. As her school family, we want to show our support! Please join us in the middle school cafeteria for this event!

## I decide for me

With the generosity of Clarity & the "IDFM" Program, C.A.R.E. has had the opportunity in 2018 to go into East Washington & West Washington Schools to offer education about sexual risks to students, so they can make healthy, informed decisions.

What the students had to say:

"I will set boundaries for my life"

"To stay abstained from sex"

"I feel this program helped me to

realize the impact sex can have. I have learned that I need to make decisions for me and only me and stay true to my morals and values. Overall I loved this program!"

"It has informed me on the dangers of sexual activity and pornography"

"It helped me realize that you don't have to show physical affection to let someone know you love them."  
"Love is more complex than that"

We at C.A.R.E. are very excited about the growth of our "I Decide for Me" sexual risk program being presented at two of our area schools. Through the IDFM program we are able to offer this program to middle and high schools for the second year. We have expanded the program to not only include East Washington, but also West Washington Schools. "I Decide for Me" has become a vital part of our ministry. Avoiding risky sexual behavior through education rather than dealing with its consequences is a much more effective resolution to the situations that we face daily at the center. This has motivated us to promote the "I Decide for Me" program within our school system. We see it as a prevention program to help reduce the growing number of unplanned pregnancies, STIs/STDs, abortions and so much more.

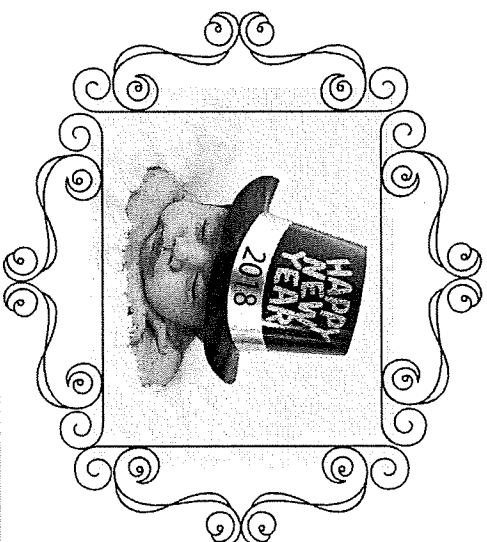
The "I Decide for Me" program seeks to enable the student to make crucial life decisions based on facts, stressing their individual self-worth and overcoming social and peer pressures. These pressures are ever-present in the lives of young people today. It is our intention to provide students with the tools of knowledge necessary to set boundaries and make decisions that lead to a healthy and successful future.

The feedback that we have received from the students who have experienced the program has been very positive. Many students have stated that they have learned a great deal from the statistics about sexual risks and have felt empowered by the tools of education we offer. They are more confident in taking control in setting boundaries for dating and realizing the possibility and importance of sexual abstinence until marriage. Teachers appreciate the direct, honest, and straight forward approach of the presentations. We are blessed to be able to share "I Decide for Me" to the youth in Washington County.

Cyndi Sweeney



# C.A.R.E. PREGNANCY CENTER



## Board of Directors

Mrs. Judy Saunders, President  
Mrs. Nyra Peters, Secretary  
Mrs. Sherry Morris, Treasurer  
Mrs. Marion Goodwin  
Mrs. Peggy Baker  
Mr. Ron Pennington  
Mrs. Carol Hickey

## Staff

Donna Wesner, Executive Director  
Cyndi Sweeney, Assistant Director



## FROM THE DIRECTOR'S HEART

Over the last 2 years I have seen many lives changed by the love, prayers, and support of churches, individuals, and businesses in our community.

It is for the nervous teenage girl and boy who come to our center for a pregnancy test, only to discover she is already 5 months pregnant. They express anxieties about informing their parents and their lack of preparedness. We let them know we are here to support them and pray for them to have peace, to be open with their parents, and for their parents to receive the news with joy, support and acceptance. The answered prayer of their parents responding in love & support. As well as the young couples participation in our program to learn the parenting skills they will need to be knowledgeable & responsible parents. All of our clients are seeking hope, help, and love in a hurting & broken world. Through this ministry we are able to share our faith and lives to bring them the true hope and grace of Jesus. It is through Him that true healing and generational change can happen in order to save lives for now and eternity.

Donna Wesner

## 2018 Statistics



352 Clients Served



82 Pregnancy Tests  
56 Positive, 26 Negative



44 Precious Babies Born

Over 700 Parenting Classes Attended



149 New Clients in 2017

### THANK YOU!

We are very grateful for our prayer warriors, advocates, financial sponsors, volunteers and those who donate material supplies.

Together we have helped provide for over 352 families this year at C.A.R.E. Pregnancy Center!



### Supplies Needed

- \* Diapers: sizes 2-6
- \* Formula: Gerber Gentle, Gerber Soothe, Similac Advance & Similac Sensitive
- \* Baby Wipes
- \* Baby Wash



## ALL LIFE IS VALUABLE AND A GIFT FROM GOD

- Share your faith and hope at C.A.R.E.
- Minister to the women and men who seek compassion, hope and help from our center everyday!
- Host a baby shower & collect supplies.

### Other Ways You Can Help!

We need volunteers to help our clients look beyond their current situations and see the possibilities available to them. At C.A.R.E. we offer hope in Jesus and an opportunity to earn items for their families while learning to be responsible and knowledgeable parents.

### Get Your "Choose Life" License Plate!

A \$25.00 donation will go toward a Pregnancy Center in your county each year your plate is registered.



Visit your local BMV in person or online at [www.chooselifelifeindiana.com](http://www.chooselifelifeindiana.com)



### Contact Information

Email: [carepreghelpcenter@gmail.com](mailto:carepreghelpcenter@gmail.com)  
 Website: [www.carepregnancycenter.org](http://www.carepregnancycenter.org)  
 Facebook: CARE Pregnancy Center  
 Phone: 812-883-2675





# 58,318

## NAMES ON THE WALL

# 1,500+

SERVICE MEMBERS  
UNACCOUNTED FOR  
FROM THE VIETNAM WAR

# 8

WOMEN  
ON THE  
WALL

# 375 ft.

LENGTH OF THE  
WALL THAT HEALS

# 600

CITIES TWTH  
HAS VISITED

# 22 yts., 9 mos.

AVERAGE AGE OF  
SERVICE MEMBERS  
ON THE WALL

# 15

AGE OF THE  
YOUNGEST  
SERVICE  
MEMBER ON  
THE WALL

# 400,000+

## ITEMS LEFT AT THE WALL

# 31

SETS OF  
BROTHERS  
ON THE WALL

# 3

SETS OF FATHERS  
AND SONS ON  
THE WALL

# 246

MOST CASUALTY DEATHS FOR  
ONE DAY / JANUARY 31, 1968

Rev. 03/18

### REQUESTING THE WALL THAT HEALS

VVMF seeks sites that can provide a welcoming, quiet atmosphere, large enough to accommodate the two main components of *The Wall That Heals*, and that can be open to the public 24 hours a day, typically from a Wednesday through a Sunday.

Before, during, and after, VVMF staff work with hosting organizations to assist with program and event development to transform *The Wall That Heals* visit into a lasting impact for their community.

If your organization is interested in hosting *The Wall That Heals*, please visit [www.vvmf.org/twth-request](http://www.vvmf.org/twth-request) for more information.

### VIETNAM VETERANS MEMORIAL FUND

The Vietnam Veterans Memorial Fund (VVMF) is the nonprofit organization that founded the Vietnam Veterans Memorial (The Wall) in Washington, D.C., in 1982. VVMF is the organization that partners with the National Park Service to maintain and care for The Wall, The Three Servicemen statue, flagpole, and *In Memory* plaque.

VVMF's mission is to honor and preserve the legacy of service in America and educate all generations about the impact of the Vietnam War and era. We **honor** the service of all, **preserve** the memory of those who died during the war and since returning home, and **educate** all generations about the lasting impact of the war.

As a 501(c)(3) nonprofit organization with no government funding, VVMF's programs, ceremonies and education efforts are dependent upon your generous donations. Help us achieve our vision of ensuring a society in which all who have served and sacrificed in our nation's Armed Forces are properly honored. Please consider making a donation by going to [www.vvmf.org](http://www.vvmf.org) or calling 202-393-0090.



Vietnam Veterans Memorial Fund



@VVMF



FOUNDERS OF THE WALL

1235 South Clark Street, Suite 910, Arlington, VA 22202

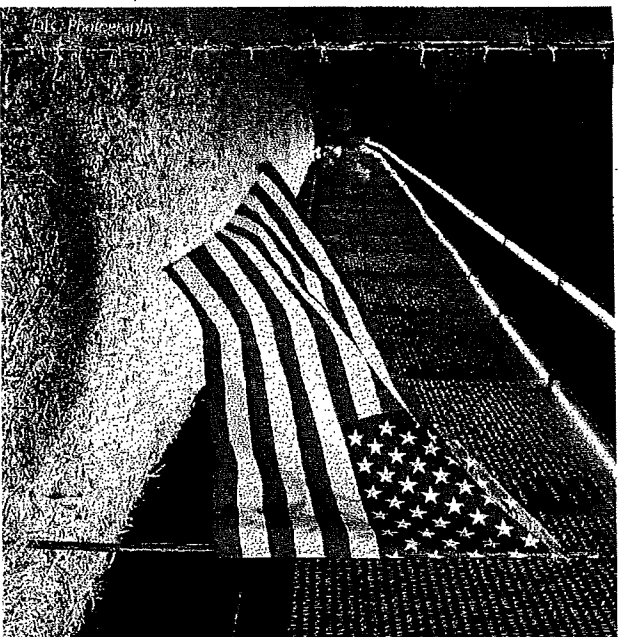
202-393-0090 • [www.vvmf.org](http://www.vvmf.org)

CFC# 11070 United Way #1184



Washington County  
Community Foundation  
For Good. For Ever. For Washington County.

May 17-20, 2018

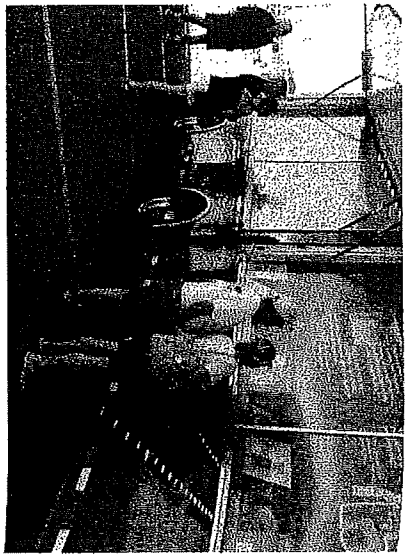


# THE WALL THAT HEALS

VIETNAM VETERANS MEMORIAL  
REPLICA & MOBILE EDUCATION CENTER



FOUNDERS OF THE WALL



Welcome to *The Wall That Heals*, the three-quarter scale traveling replica of the Vietnam Veterans Memorial in Washington, D.C. The exhibit consists of the Wall replica and the mobile Education Center. *The Wall That Heals* exhibit is open to the public day and night throughout the visit.

### THE WALL REPLICA

The three-quarter scale Wall replica is 375 feet in length and stands 7.5 feet high at its tallest point. Visitors experience The Wall rising above them as they walk towards the apex, a key feature of the design of The Wall in D.C.

Like the original Memorial, *The Wall That Heals* is erected in a chevron-shape and visitors can do name rubbings of individual service member's names on The Wall.

The Wall replica is constructed of Avonite, a synthetic granite, and its 140 numbered panels are supported by an aluminum frame. Machine engraving of the more than 58,000 names along with modern LED lighting provide readability of The Wall day and night.

### MOBILE EDUCATION CENTER

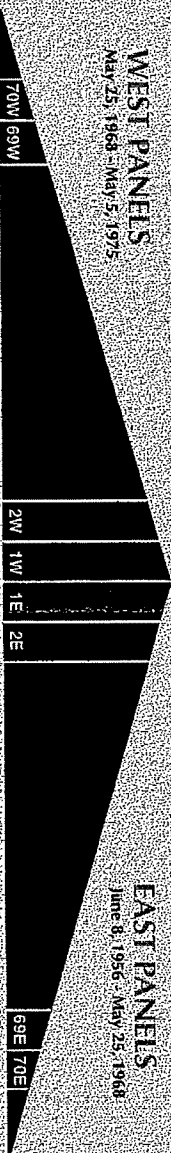
The 53-foot trailer that carries *The Wall That Heals* transforms to become a mobile Education Center. The exterior of the trailer features a timeline of "The War and The Wall" and provides additional information about the Vietnam Veterans Memorial in Washington, D.C. Additional exhibits give visitors a better understanding of the legacy of the Vietnam Veterans Memorial and the collection of items left at The Wall. Displays include:

- > *Hometown Heroes* – Photos of service members on The Wall who list their home of record from the local area. The photos are part of the effort to put a face to every name on The Wall for the virtual *Wall of Faces*. Help is needed to find every photo. Learn more at: [www.vvmf.org/thewall](http://www.vvmf.org/thewall)
- > Map of Vietnam

- > *In Memory Honor Roll* – Photos of local Vietnam veterans honored through VVMF's *In Memory* program which honors veterans who returned home and later died of Vietnam-related illnesses. Learn more at: [www.vvmf.org/inmemory](http://www.vvmf.org/inmemory)

- > A display of items representative of those left at The Wall in Washington, D.C. in remembrance of those on The Wall.
- > Digital kiosk allows visitors to search for names using VVMF's online *Wall of Faces*.
- > Two paper directories allow for names to be found alphabetically.
- > The Gold Star Bike – Donated to VVMF by the American Gold Star Mothers in 2012, the bike is a Softail Custom Harley that pays tribute to the mothers who lost sons to the Vietnam War.

### HOW TO FIND A NAME ON THE WALL



#### WEST PANELS

May 25, 1968 - May 5, 1975

#### EAST PANELS

June 8, 1956 - May 25, 1968

Names are arranged in order of date of casualty and alphabetically on each day, beginning at the center with panel 1E (under 1959), down panel 1E, then moving right towards 70E, then 70W towards the center, and ending above the 1975 on 1W. The first and last casualties are side by side at the apex of the Memorial.

1. Find service member's name and location on The Wall in the paper, directions or digital kiosk in the mobile Education Center or through VVMF's *The Wall* app, which can be downloaded at [www.vvmf.org/app](http://www.vvmf.org/app)
2. Panel numbers are on the bottom of every panel. Row numbers count down from the top of each panel. On the margin of every other panel are white dots every 10 lines. Count down 4 dots and you're on line 40.

Each name is preceded (on the West Wall) or followed (on the East Wall) by a symbol designating status.

- ◆ The diamond symbol denotes that the service member's death was confirmed.
- ⊕ Those whose names are designated by the cross symbol were in missing or prisoner status at the end of the war and remain missing and unaccounted for. In the event a service member's remains are returned or he is otherwise accounted for, the diamond symbol is superimposed over the cross.
- If a service member returns alive, a circle, as a symbol of life, will be inscribed around the cross. No such cases have occurred.





# MARCH AGAINST ADDICTION

*FOR A BETTER TOMORROW IN WASHINGTON COUNTY*

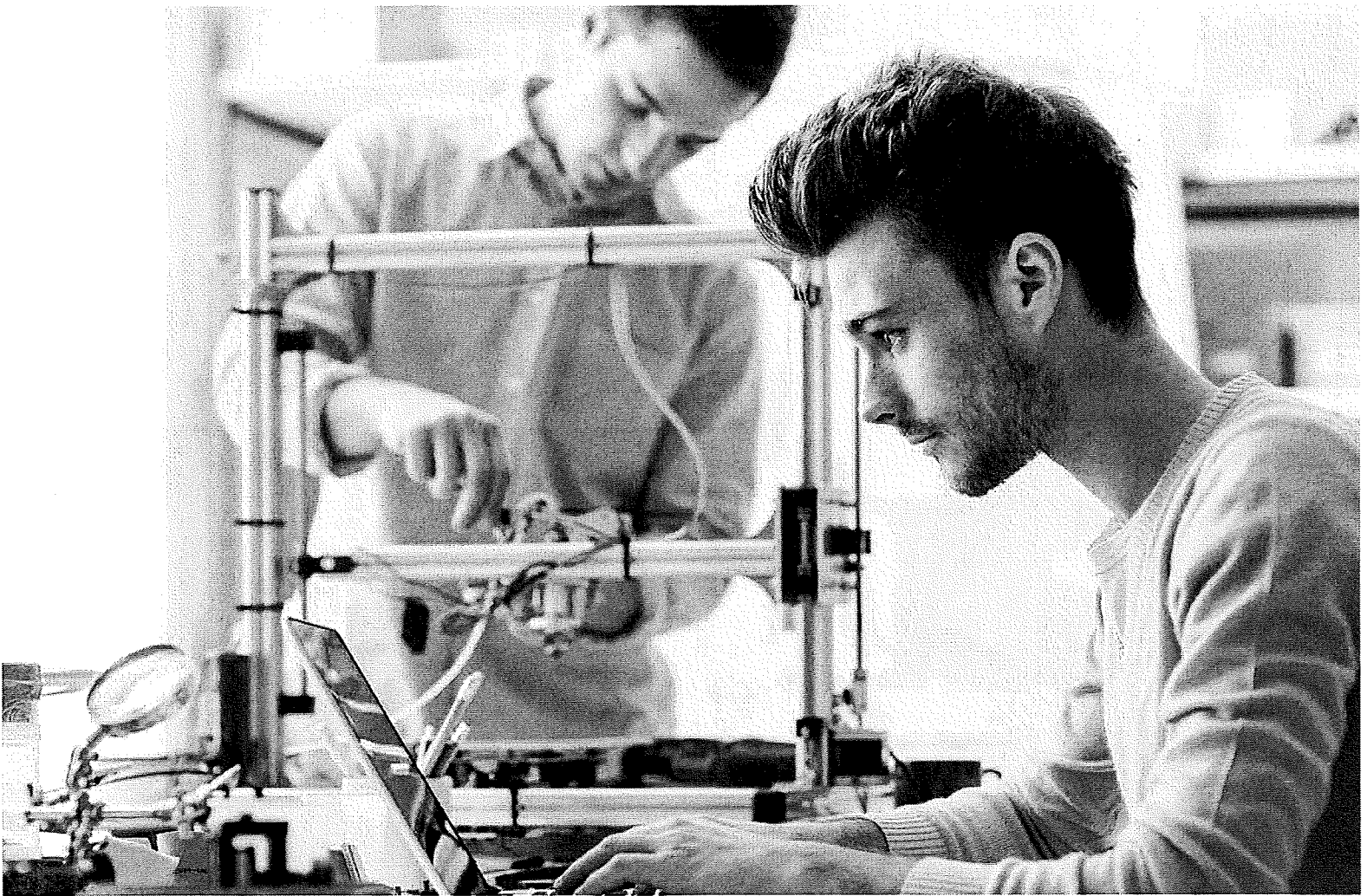
JOIN YOUR FELLOW ADDICTION WARRIORS IN A MARCH TO STAND UP AGAINST THE ADDICTION AND OPIOID EPIDEMIC IN OUR COMMUNITY. BE INSPIRED BY THE RECOVERY STORIES OF OUR PEERS WHILE WE BUILD AWARENESS AROUND THE ADDICTION ISSUES IN OUR COMMUNITY.

**WHEN:** MAY 26, 2018 8:00 AM

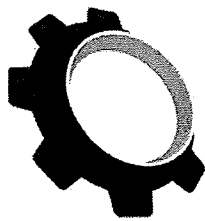
**WHERE:** START AND END AT THE YMCA, CITY WALKING PATH AND SHS TRACK  
1709 N. SHELBY STREET, SALEM, IN 47167

**COST:** MAKE A MEANINGFUL DONATION ON DAY OF EVENT TO SUPPORT SUBSTANCE ABUSE IN WASHINGTON COUNTY. PLEASE MAKE CHECKS PAYABLE TO *WASHINGTON COUNTY SUBSTANCE ABUSE COUNCIL (WCSAC)*.

FOR MORE INFORMATION, PLEASE CONTACT STEVE CRANE AT  
[SCRANE@SALEMSCHOOLS.COM](mailto:SCRANE@SALEMSCHOOLS.COM) OR 812-620-5491



**Don't wait... Space is limited!**



**ENGINEERING TECHNOLOGY CAMP**

A one day summer camp for  
high school students.

**Choose a date:**

Tuesday, May 29 • 10:00 am - 5:00 pm

Thursday, May 31 • 10:00 am - 5:00 pm

**Location:**

Purdue Polytechnic Richmond in Tom Raper Hall, Room 218

**\$30 registration fee.**

Register at:  
[conf.purdue.edu/richmondcamps](http://conf.purdue.edu/richmondcamps)

Questions? Contact Christy Tollett at  
(765) 973-8328 or [ctollett@purdue.edu](mailto:ctollett@purdue.edu)

**PURDUE** | Richmond  
POLYTECHNIC

[purdue.edu/richmond](http://purdue.edu/richmond)

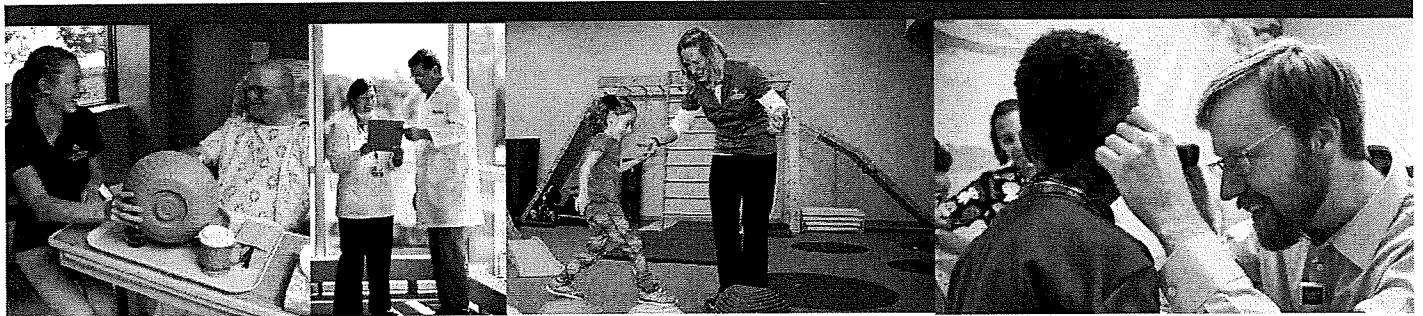


# *Interested in a Healthcare Career?*

Attend Schneck's FREE

## **HEALTH CAREER DISCOVERY PROGRAM**

**June 25-29, 2018 | 9 am-Noon**



Schneck Medical Center welcomes middle and high school students to learn about the many areas of healthcare and how to prepare for a future in the medical field. Featuring a variety of speakers and tours, attendees will receive hands-on practice in many different departments within the hospital.

Learn more about:

- Surgeons
- Imaging Technologists
- Pediatricians
- Hospitalists
- Robotic Surgery
- Nursing (from LPN to RN to Nurse Practitioner)
- Rehabilitation Therapists
- Infection Prevention
- Emergency Services workers
- *And much, much more!*

To learn more about the program or to RSVP, please visit our website at [SchneckMed.org/HCDiscovery](http://SchneckMed.org/HCDiscovery) and sign up today. For questions, please contact Human Resources at (812) 523-0630 or email [jwilliams2@schneckmed.org](mailto:jwilliams2@schneckmed.org). A confirmation with agenda and details will be emailed prior to the program.