



**Get the Care  
You Need**



**PAOLI • MARENGO • WEST BADEN • ENGLISH • SHOALS • SALEM**

*Quality Healthcare, Close to Home*



**Comprehensive Health Care**  
420 W. Longest Street, Paoli  
(812) 723-3944



**Valley Health Care**  
8163 W. State Road 56,  
Suite A, West Baden  
(812) 936-2425



**Patoka Family Health Care**  
307 S. Indiana Avenue, English  
(812) 338-2924



**Crawford County Health Care**  
5604 E. White Oak Lane, Marengo  
(812) 365-3221



**SICHHC Women's Health\***  
127 W. Water Street, Shoals  
(812) 653-6374



**SICHHC Women's Health\***  
1201 N. Jim Day Road, Salem  
(812) 653-6374

**\*New Women's Health Locations**

**Hours:** Shoals: Monday 9:00AM - 4:30 PM

Salem: Thursday - 9:00 AM - 5:00 PM

**Closed:** Daily from 12:30 - 1:00 PM (for lunch)

**FOR APPOINTMENTS**

**Call:** Any of our offices

**Online or Mobile:** Visit [sichc.org](http://sichc.org) and schedule by using the "FollowMyHealth" app

**FREE PREGNANCY TESTING - ALL LOCATIONS**

**SICHHC.ORG**



**Southern Indiana  
Community Health Care**



**Personalized,  
Family-focused  
Obstetric Care &  
Women's Health**

*Quality  
Healthcare,  
Close to Home*





## About Us

**SICHC family practice providers** provide offer a full spectrum of quality health care services for the whole family, including pregnancy and obstetrics care for expectant moms and pediatric care for young babies. Founded in 1974 and serving today as a nonprofit community health center, SICHC (Southern Indiana Community Health Care) delivers high-quality, comprehensive, community-sensitive health care utilizing Christ-oriented principles.

**To achieve our mission,** we offer health care delivery with a focus on compassion and concern for the whole person. This includes being attentive to the needs of the materially poor, providing them access to health care at a reasonable cost. Our goal is to provide health care to the communities we serve of the highest quality and service possible. For more information, please visit [www.sichc.org](http://www.sichc.org).



*“...for a brief moment, I was able to forget about Covid-19, and just enjoy the miracle of our new little girl.”*

– Stacy  
SICHC PATIENT AND NEW MOM



## Women's Health

You can confidently look to our nurse practitioners and physicians for a full range of women's health care from teens to senior women. Serving a rural community means providing services with a full scope, creating greater access for you and your family. The same provider you see can also see your children or other family members, an easy way to be family driven.

## Pregnancy Services and Prenatal Care

Our providers and staff are here to help you and your baby on this special journey, 24/7. Our full service often begins with a pre-pregnancy examination, where we'll work together to check your overall health and come up with a plan for a healthy pregnancy and healthy baby. Regular checkups focus on whole person health, which includes sound eating habits, exercise needs and other factors like weight gain.

## Childbirth

Throughout pregnancy, you will see one of our family-practice physicians, who will focus what you and your baby need to have a safe labor and delivery. Our delivering physicians have privileges at the IU Health Hospital in Paoli, where your baby may be born. Moms have many options for flexible birth plans including support for natural labor or epidural.

### IU HEALTH

PAOLI HOSPITAL  
(812) 723-2811

### AMENITIES

- Laboring hot tub
- Birthing ball
- Breast feeding counselors
- Attentive and caring nurses

## Postpartum and Well-baby

We schedule a series of regular well-baby and well-mom checkups after delivery. Becoming a mother means big changes, and we want you and your baby to be healthy all the way through and beyond. Transitioning to pediatric care with your family provider at SICHC is easy.